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Dangerous dieting's hurting kids

Newstalk ZB
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Dangerous dieting is hurting an increasing number of primary kids.

Ministry of Health statistics just out show children as young as 10 and 11 are being hospitalised with eating disorders.

The Eating Difficulties Education Network's Deb Schwarz says parents often don't know what to do when a child isn't eating correctly.

But she says the emphasis should be on prevention, not detection.