



Community Information

EDEN talked **22 days ago**



Love Your Body!

Every October EDEN celebrates and promotes Love Your Body month throughout New Zealand. The Love Your Body campaign, as the name implies, encourages women (and men!) to celebrate their bodies as they are. We so often focus on what we think our bodies should look like instead of loving ourselves as we are. At EDEN we are trying to change that both at an individual and societal level. EDEN is recruiting cupcake party hosts to run cupcake parties throughout the month of October at home, the office, their book club, school, or anywhere! EDEN promotes living actively and eating a range of nutrition...and remembering that food – like cupcakes – can be fun! While eating yummy, scrumptious cupcakes, partygoers will promote positive body image and learn media literacy skills through fun educational activities provided by EDEN. For more information on the Love Your Body cupcake parties or register to host your party, please visit EDEN's website: www.eden.org.nz.